

Utilizing the Discipleship Pathway

Foundation History

The Discipleship Pathway Content was created in 2018 by a team of men and women at New Life Church in pursuit of our dream of equipping one another to follow Jesus for life. The Pathway consists of 1 Verse, 3 Lifestyles, 6 Habits, and 12 ongoing actions all designed to be learned and lived in relationship with others who want to follow Jesus. Discipleship is something we do together; it is also a process to be lived rather than a set of tasks to be completed. Following Jesus is something we can do anywhere at any time during any phase of life. That is why the content of the Discipleship Pathway is not specific to New Life Church but can be applied freshly anywhere in the world by those who would follow Jesus. Once committed to memory, the content acts as a framework to help us as disciples of Jesus to stay rooted in the basics of following Him while also providing us with the basics of helping others follow Him too.

Goals

- **Group Goal:** Every Home Group and Discipleship Group will regularly learn and live the Discipleship Pathway together.
- **Individual Goal:** Every individual will memorize the Discipleship Pathway content with the intention of learning and living lifestyles of Worship, Community, and Mission personally and with their groups.

Purpose and Use of this Document

- Regularly asking God to inspire you and your group to a deep desire to know Him more and be more like Him through time with Him, in His Word, and walking the Discipleship Pathway.
- Remembering that the Discipleship Pathway is not intended to replace time with God through prayer or Scripture, but a tool that can be implemented and utilized in partnership with them.

The Discipleship Pathway is not a complete or limited document. It is a jumping-off point and a common language for us to use as we intentionally commit to walking with Jesus for life. The Discipleship Pathway reflects the basics of living a lifestyle of Worship, Community, and Mission as a disciple of Jesus, but the way those basics will be applied depends on your circumstances. As you listen for God's voice, you will find tremendous freedom to live out these habits and ongoing actions in creative ways that are specific to your life.

The ideas and suggestions in this document are intended to help make talking about and connecting with the Discipleship Pathway a common part of our lives and vernacular. These ideas are meant to help you utilize the Discipleship Pathway and normalize it in both group and personal times with God. This guide is a suggestion, and we hope it blesses you as you grow in your personal ability to hear from God and obey Him.

Helpful Links: [Discipleship Pathway](#) / [Discipleship Pathway Disc](#) / [City Leader Resource Page](#) / [Discipleship Pathway One Pager](#)

Discipleship Pathway Conversation Starters:

Use these questions to help get conversation flowing around the Discipleship Pathway, create the expectation that we are regularly thinking about and engaging with the DP, and communicating about it with each other. They may be best used at the beginning of time spent in the Discipleship Pathway.

- Which lifestyle / habit / ongoing action....
 - is the easiest for you to connect with? Why?
 - is the hardest for you to connect with? Why?
- Where/what/when did you notice (a specific lifestyle / habit / ongoing action)
 - in your life this (length of time)?
 - while reading Scripture?
- Which lifestyle / habit / ongoing action
 - do you hope we skip over in group?
 - are you looking forward to?
- How does your life look different or how do you hope it will look different when you're walking the Discipleship Pathway?
- Who did you notice modelling (a specific lifestyle / habit / ongoing action) well recently?
- Who inspires you to grow in your knowledge of and likeness to God?
- What is a Scripture that embodies or keeps you grounded in God when you think about (a specific lifestyle / habit / ongoing action)?
- Which (a specific lifestyle / habit / ongoing action)
 - do you think you could give a short 5 minute testimony or TED talk on?
 - has made the biggest impact on your walk with God? Has gotten you through a hard time? Has convicted you? Has blessed someone else when you've practiced or shared it?

Listening Prayer and the Discipleship Pathway

We listen for God's voice and direction because we confidently know and believe that God longs to speak to each of us and provides the best leadership, ideas, and care. Use these ideas to connect with God and discern from Him what He'd like you to focus on in the Discipleship Pathway. The times and frequencies listed are suggestions and are changeable to suit your group. Depending on the size of your group, you may want to divide into smaller groups to ensure that everyone is able to share the fruit of the time.

*It is intended that participants would bring what they heard or the fruit of these times back to the group to live out **HOW** (**H**ear from God, **O**bey God, **W**ith others) together.*

Suggested Questions to Utilize in Listening Prayer and the Discipleship Pathway

- God, which (specific lifestyle / habit / ongoing action)...
 - do you want me to notice?
 - are you bringing to my attention?
- God, how would you like me to
 - walk this pathway with You?
 - know You more and be more like You?

- God, what (specific lifestyle / habit / ongoing action) would you like me to focus on this month?
- God, where is a (specific lifestyle / habit / ongoing action)
 - on the Pathway that you're proud of me for?
 - you want me to grow in?
- God, what Scripture do you have for me regarding (specific lifestyle / habit / ongoing action)?

Suggested Formats for Listening Prayer and the Discipleship Pathway

- Set aside 30 minutes of group time for listening prayer before beginning the zoom meeting. If your group is 7-8:30 pm, do off Zoom listening prayer from 7-7:30 pm and begin Zoom meeting at 7:30 pm. Use 7:30-8:30pm to debrief the time, HOW, commit to next steps, and pray together.
- Using the "Share Your Screen" feature, share the Discipleship Pathway circle with the whole group. Take 10 minutes to collectively look at it and pray through it (outloud or internally) as a group. You may want to document your thoughts or what you're hearing on the Zoom chat or a piece of paper. After, discuss and HOW, setting concrete next steps and accountability plans.
- After a time of listening prayer focused on (a specific lifestyle / habit / ongoing action), as a group, discuss how to live out or engage with God on that (specific lifestyle / habit / ongoing action) well. Using HOW, set concrete next steps and accountability plans.

Scripture and the Discipleship Pathway

We hear from God through prayer and from the reading of His Word. Scripture is our foundation and prayer is our posture. Use these ideas to help keep your journey on the Discipleship Pathway rooted in Scripture.

Suggested Questions to Utilize in Reading Scripture and the Discipleship Pathway

- God, please reveal Yourself to us through your Word.
- God, what (book / chapter / verse) would you like me to read/meditate on related to (specific lifestyle / habit / ongoing action) today?
- Where do we read or hear (specific lifestyle / habit / ongoing action) in this passage?
- What is one takeaway from this passage that you want to apply to your life and walk with God?
- What Scripture helps you stay rooted in or committed to (specific lifestyle / habit / ongoing action)?
- What Scripture are you going to memorize to help you continue to grow in Christlikeness?
- Based on this (book / chapter / verse) related to (specific lifestyle / habit / ongoing action) where are you experiencing...
 - conviction?
 - encouragement?

Suggested Formats for Reading Scripture and the Discipleship Pathway

- Lectio Divina is a process of reading a passage of Scripture multiple times and engaging it in a different way each time. We ask God to speak to us and reveal Himself to us with each layer. Lectio Divina works best as a group or as individuals when a larger amount of time is able to be devoted to it. **Lectio Divina Worksheet**

- SOAP (Scripture, Observation, Application, Prayer) is a simple and memorable acronym for diving deeper into God's Word. SOAP helps us to slow down, notice what's happening in the passage, and apply it to our lives. **SOAP Worksheet**