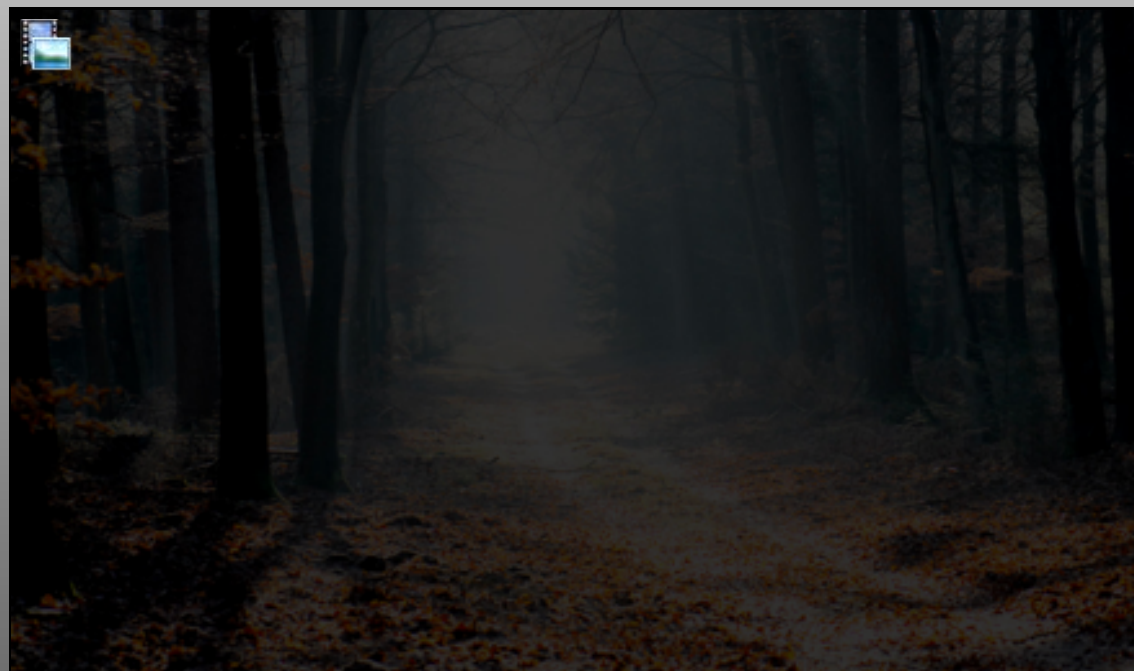
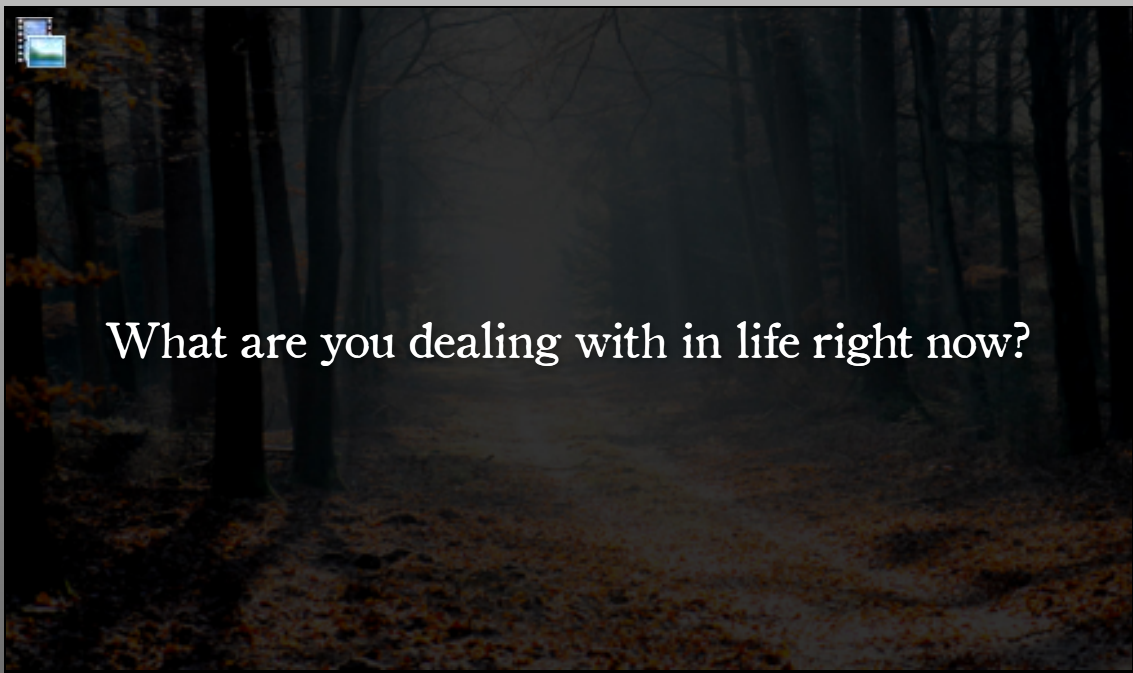




1. psalmologyHD\_craig

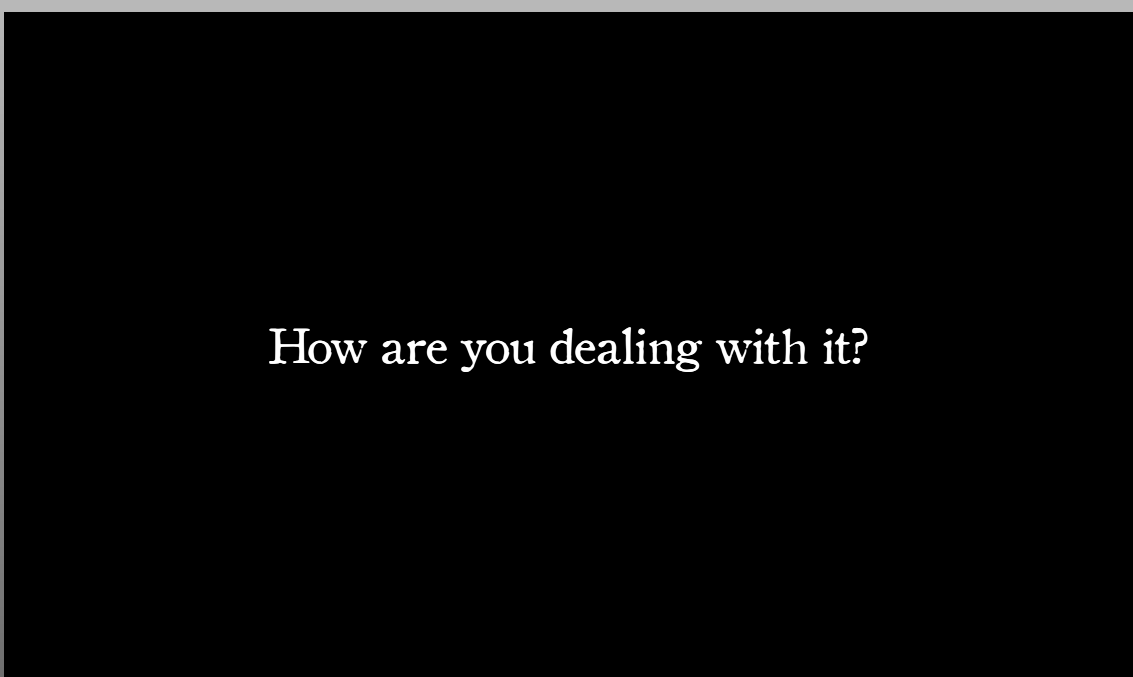


2. psalmologyHD\_bkgd-darker



What are you dealing with in life right now?

3. psalmologyHD\_bkgd-darker



How are you dealing with it?

4.

Go to God with your grief.

5.

## Psalm 42 (NLT)

- <sup>1</sup> As the deer longs for streams of water,  
so I long for you, O God.
- <sup>2</sup> I thirst for God, the living God.  
When can I go and stand before him?
- <sup>3</sup> Day and night I have only tears for food,  
while my enemies continually taunt me, saying,  
“Where is this God of yours?”
- <sup>4</sup> My heart is breaking  
as I remember how it used to be:

6.

## Psalm 42 (NLT)

I walked among the crowds of worshipers,  
leading a great procession to the house of God,  
singing for joy and giving thanks  
amid the sound of a great celebration!

<sup>5</sup> Why am I discouraged?

Why is my heart so sad?

I will put my hope in God!

I will praise him again—  
my Savior and <sup>6</sup> my God!

7.

## Psalm 42 (NLT)

<sup>6</sup> Now I am deeply discouraged,

but I will remember you—

even from distant Mount Hermon, the source of the Jordan,  
from the land of Mount Mizar.

<sup>7</sup> I hear the tumult of the raging seas

as your waves and surging tides sweep over me.

<sup>8</sup> But each day the Lord pours his unfailing love upon me,

and through each night I sing his songs,

praying to God who gives me life.

<sup>9</sup> “O God my rock,” I cry,

“Why have you forgotten me?”

8.

## Psalm 42 (NLT)

Why must I wander around in grief,  
oppressed by my enemies?"

<sup>10</sup> Their taunts break my bones.

They scoff, "Where is this God of yours?"

<sup>11</sup> Why am I discouraged?

Why is my heart so sad?

I will put my hope in God!

I will praise him again—  
my Savior and my God!

9.

## Psalm 43 (NLT)

<sup>1</sup> Declare me innocent, O God!

Defend me against these ungodly people.

Rescue me from these unjust liars.

<sup>2</sup> For you are God, my only safe haven.

Why have you tossed me aside?

Why must I wander around in grief,  
oppressed by my enemies?

<sup>3</sup> Send out your light and your truth;  
let them guide me.

Let them lead me to your holy mountain,  
to the place where you live.

10.

## Psalm 43 (NLT)

<sup>4</sup> There I will go to the altar of God,  
to God—the source of all my joy.

I will praise you with my harp,  
O God, my God!

<sup>5</sup> Why am I discouraged?  
Why is my heart so sad?  
I will put my hope in God!  
I will praise him again—  
my Savior and my God!

11.

Go to God with your grief.

12.



13. psalmologyHD\_bkgd-darker